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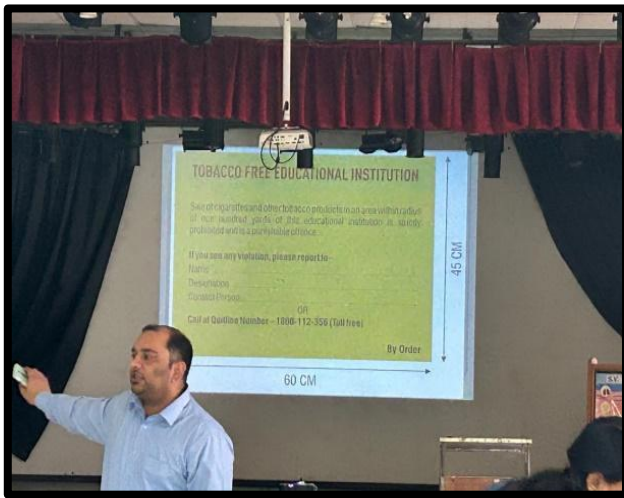
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Report on Teacher's Training on Awareness Program on Harmful Effects of Tobacco

The teacher's training program focused on raising awareness about the harmful effects of tobacco and vaping products among school children. The session was organised on November 5, 2024, at SKV Pitampura, Delhi. It was designed to empower teachers with knowledge and tools to identify, prevent, and address tobacco consumption in and around the school environment. Key aspects of relevant laws, such as the **Cigarettes and Other Tobacco Products Act (COTPA)** and the **Delhi Challan Act**, were discussed in detail to equip teachers with legal knowledge and strategies for enforcement.

The COTPA Act, a critical legal measure against tobacco consumption and promotion, was explained, highlighting sections relevant to educational institutions. The Delhi Challan Act was also discussed, focusing on its enforcement procedures against violators of tobacco restrictions. Teachers learned about the importance of these laws in ensuring the health and safety of students and how to effectively support their implementation on school premises.

The challan (fine) procedure for penalizing offenders was explained thoroughly. Teachers were trained on the process, including identifying violations, documenting evidence, and cooperating with local authorities to report and issue fines. This included practical demonstrations to help teachers understand how to efficiently and legally handle situations where they observe individuals violating tobacco-related laws in or near the school premises.



The program emphasized the need to place statutory warnings about the dangers of tobacco on every floor of the school. This step aims to serve as a constant reminder to students, staff, and visitors of the school's commitment to a tobacco-free environment. Teachers were also encouraged to monitor the warning signs regularly to ensure they remain visible and intact.

The training highlighted the tactics used by tobacco companies in direct and indirect advertising, targeting young audiences. Teachers were briefed on how to identify and report instances of indirect advertisements, such as promotions at nearby stores or through product packaging, and to educate students on recognizing these manipulative strategies.

Key Legal Sections Covered

Section 22: Teachers were informed about the requirement for pictorial warnings on tobacco products that illustrate the hazards of tobacco use. This is a vital part of educating students on the visible consequences of tobacco.

Section 6(b): Under this section, it is illegal to sell tobacco products to anyone under the age of 18, and vendors cannot be situated within 100 meters of a school. Teachers were urged to report any violations of this rule to the appropriate authorities.

The harmful effects of vaping and other tobacco products were discussed through interactive methods, including moral stories, group discussions, and real-life scenarios. Teachers learned how to use these techniques to convey the dangers of tobacco in a relatable and impactful way for students. This approach was designed to create an environment where students feel comfortable discussing their concerns regarding tobacco use.



The training emphasized the importance of considering both internal and external factors that may contribute to a child's tobacco use. Teachers were guided on how to assess and address influences like peer pressure, family background, mental health, and media influence, providing a holistic approach to helping students resist or quit tobacco use.

The awareness program provided teachers with comprehensive knowledge of the harmful effects of tobacco and vaping, reinforced by legal awareness, preventive measures, and counselling skills. Equipped with this training, teachers are now better prepared to protect students from tobacco-related harm, uphold school safety regulations, and promote a healthier environment for the entire school community.